



GUIDE NOTES *SESSION 5*

FROM INSIGHT TO ACTION

Tonight is about carrying momentum forward – beyond Kickstart.

Over the past few weeks, we've been experimenting with small, intentional steps forward with Jesus, People, and Purpose. Encourage them to choose **one area to focus on** over the next couple months and build around it with clarity and simplicity. Discipleship is formed through **steady, intentional movement over time — not intensity, but consistency.**

MEAL & MINGLE *30-40 min* ●●●●

FOLLOW-UP FROM LAST WEEK

- **Follow up on the PURPOSE step people identified last week. Did they take it? What stood out?**

OPENING QUESTION

- **What's something you've started before that felt small at first but ended up making a big difference?**

GROUND RULES FOR A GREAT DISCUSSION

Come As You Are We're all at different places in our discipleship journey—share what's going well, what's hard, or what isn't clicking—this is exactly what community is for.

Ask the Question Even if you feel like you should know the answer. A small breakthrough is likely on the other side.

Share Your Experience, Not Your Advice Create space for processing by asking follow-up questions and sharing what's helped you, rather than telling others what they *should* do.

Lean In. Lean Out. The night works best when everyone engages—some may need to lean in and share even when it feels uncomfortable, others may need to share and then lean out and make room for different voices.

Respect Confidentiality What's shared here stays here. Honor one another's stories and don't share personal details outside the group without permission.

Trust That God Is Moving Every night won't feel like a breakthrough, but trust that God is at work and will use this time in ways you may not see yet. Even if you can't feel it, he's moving...

QUESTIONS *50-60 min* ●●●●

INDIVIDUAL REFLECTION

Take 10-15 minutes to work through the *Insight to Action* worksheet individually.

FOCUS TO FIRST STEPS

1. **What focus did you choose and what first couple steps did you identify?**
2. **Do your first steps feel realistic? Is there a way to make them simpler or clearer?**

GUIDE TIP: Invite collaboration, but don't assume it. After someone shares, ask, "Would you like input, or just encouragement?" If they invite input, keep it simple and energizing — help them clarify or simplify, not add more. Encourage clarity and simplicity over ambition. Getting started is often the hardest part.

BUILDING MOMENTUM

3. **What tends to trip people up when they try to start something new — and what helps them stay with it?**
4. **What would help you follow through?**
5. **Is there one way this group could encourage you as you get started?**

GUIDE TIP: Help participants move from general intentions to specific actions this week (e.g., read the related section, complete a Join-the-Team form, set up recurring giving, schedule time to invest in someone). The goal is clarity and commitment, not impressiveness.

Prayer Close the time together praying over what was shared and what's to come.